

GoodNewsLetter

Unity Community Church

June 2015 – August 2015 • UnityDunedin.org • UnityDunedin@aol.com

Sunday Service, 10:00 AM

Speakers and Events

June 7 – Lou Murray – (music and message) “Sun Worship and the Theology of Divine Light”

June 14 – Flag Day – Phyllis DeBella “Red, White, and Blue”

June 21 – Father’s Day – Elsie Huebner, Spiritual Leader (We’ll have a gift for all the men.)

June 28 – David and Pam Cooper, Spiritual Healers and Guides “The Magic Heart”
After service, we’ll enjoy a potluck, then a workshop.

July 5 – Elsie Huebner, Spiritual Leader
Bonnie Whithurst – musician

July 12 – Rev. Marla Sanderson

July 19 – Ricky Roberts III

July 26 – Prayer Chaplains’ Service
Josie & Jack – musicians

August 2 – Gregg Sanderson

August 9 – Maizie Dalby, “When Women Speak”

August 16 – Rev. Steven Kosmyna

August 23 – Tim Hamm (music and message)

August 30 – Elsie Huebner, Spiritual Leader
Bonnie Whitehurst - musician

(Read about Bonnie Whitehurst, musician on page 4)

LOU MURRAY, (guest speaker and musician, June 7), is a musical composer and author. His presentation, which will include original music, will be about enlightenment, as expressed in various religions from prehistory to modern times, and what it means to the individual. Lou began playing piano at age two; he won a piano concerto competition at age 13. He studied music at University of New Orleans, and served as music director for Unitarian Church in Hagerstown, MD before relocating to Florida. Free copies of his recorded “Meditation for Inner Light” will be available.

DAVID AND PAM COOPER, (guest speakers, June 28) David traveled throughout Southeast Asia and South America for 8 years, living with indigenous healers, who shared their secrets of healing techniques. David is a spiritual author, photojournalist and healer. Pam is a natural teacher and healer, in addition to being a Registered Nurse. She left her role as Director of Nursing Services in 1998 to begin her healing practice which incorporates Mind, Body, Spirit concepts. They travel to Bali for a month each year on their journey into deeper spirituality.

TIM HAMM, (guest speaker and special music, August 23) began his musical journey at a young age, playing in bands around his hometown of Clearwater, FL. While devoting years to a business career and family, his music was put on the back burner. Then, in 2009, Tim found a spiritual path in the practices of mindful living and began writing and performing again. He says, “My new material reflects my discovery that the suffering and pain we experience does not have to define us.” His new album is titled “Never Too Late.”

Meet Two of our Newest Members, Pat and Bill Frantz!

.....by Marilyn Renner

Pat, born in West Virginia and Bill, born in North Carolina – both of their lives took many twists and turns before they joined in marriage! Pat's parents were in the hotel/country club business, and while Pat graduated from high school in Reading, Pennsylvania, the family relocated several times. They lived in Maryland, Florida and Georgia. Pat has a sister, Robin, and a brother, Robert, who was killed in a car accident at age 17. As an adult, Pat also lived in Brazil, the Carolinas, Rhode Island and Tennessee, where her son, Joshua, was born.

Pat loves swimming, swam competitively, and worked as a lifeguard. She earned certification as an X-Ray technician, and worked at St. Joseph's Hospital for 10 years and then at Morton Plant Bay Care. Pat's career in health care was interrupted in 2013, when she had a total knee replacement, and in 2014 while she underwent back surgery.

Bill grew up in a family of horse trainers and boarders, spending time in North Carolina and Hollywood, Florida. He remembers life being "all about horses 24/7." He galloped horses early in the morning before school. Bill had ambitions of being a jockey, but alas! he grew too big! There were short stays working with horses in Maryland and Cedar Cliff, Pennsylvania. Bill recalls moving a lot, and during Fourth Grade attending four different schools. The family eventually gave up working with horses and moved to Dunedin, where Bill graduated from Dunedin High School.

Apparently Pat's and Bill's paths were meant to cross. They met in 1998 here in Dunedin at a place called the "Regal Beagle," near what is now the "Ivory Bistro." It was "love at first sight" and on New Year's Eve, 2000, they welcomed in the new Millennium by eloping! It was not that simple! They needed to get a marriage license, and agreed to meet late afternoon at the courthouse on Friday. The problem was that as Pat waited at the Palm Harbor Courthouse for Bill, at the same time Bill was waiting for Pat at the one in Clearwater! As Bill hastened to get to Palm Harbor before the courthouse closed, he ran out of gas and just

barely coasted to the site where Pat was waiting! The usual three-day wait period was waived by the clerk, and off Pat and Bill went to board the gambling ship out of Clearwater, upon which they were married at midnight! The couple was headed for the British Virgin Islands, where Bill thought he had a job; they thought Pat's house was sold. However, Spirit had other plans for them. The job did not work out and the sale on the house did not close, so Pat and Bill returned to Dunedin. That was 15 years ago!

Bill had a long career in the marine industry, having attended Outboard Motor Corporation Tech Schools in Miami and Atlanta after high school. He rented boats on the Dunedin Causeway, where he also taught sailing and windsurfing as part of the business. He worked building docks all over this area. Having moved to Destin, Florida, Bill spent many years in the oil industry in Louisiana, working as Captain of a vessel which moved crew and supplies to oil rigs in the Gulf of Mexico. This job was something he had always wanted to do, and he loved it. However, it required being away at sea for three weeks at a time, and Bill eventually quit, feeling a need to be "part of society" again. He moved back to Dunedin for "grounding," and is still employed by the City of Dunedin as Harbormaster of the Marina.

Pat's son, Joshua, resides in Tampa with his wife, Denise. Bill's children, Katy and Will, live in Austin, Texas.

Bill says he has little free time because of his job, but he spends much of it working in their yard, tending the many plants there. Pat still loves to swim and enjoys water aerobics. She is quite creative and now has time for decorative painting, refurbishing furniture, and making jewelry using natural items such as shells, seaglass, as well as copper and gemstones. Pat has recently assumed the role of "Hospitality Chairperson" at Unity Community. She is very excited about making new friends through her varied interests and activities.

Both Pat and Bill feel they have always been deeply spiritual, and like so many souls, their spiritual path evolved with beginnings in traditional religion. Pat was raised and
(continued page 3)

confirmed Lutheran, although she raised her son Episcopalian and says she has always leaned more toward the metaphysical expression of spirituality. Bill was raised Catholic and served as an altar boy for seven years. But he became disillusioned with Catholicism when a conflict regarding the raising of his children occurred. How did they find Unity? Diane Starr, their neighbor and friend, encouraged Pat and Bill to attend Unity Community of Dunedin. Pat says they have found much strength in Unity Truth (she takes notes from Elsie's lessons) and this Truth has helped them get through many difficult times, especially recent physical challenges.

Bill feels that earning his Captain's license to run large commercial vessels is one accomplishment of which he is most proud. Pat & Bill both feel that something very big and good is coming their way. Both are grateful for their many blessings and they look forward to many more in the future.

You are a joyful blessing to us as part of Unity Community Church, Pat & Bill! We are grateful to have you with us!



NEWS FROM UNITY

A letter dated March 25, 2015 from Donna Johnson (President & CEO of Unity Worldwide Ministries) and Charlotte Shelton (President & CEO of Unity World Headquarters -Unity Village), announced that the education program (ministers, Licensed Unity Teachers, Spiritual Education and Enrichment for lay people) will be transferred from Unity Institute to Unity Worldwide Ministries with a target date of August 2016. It's expected that the residential program will be phased out and studies will be offered online.

CHURCH NEWS

Elsie, our spiritual leader, completed the paperwork required by Unity Worldwide Ministries, to apply for **full-church status** for Unity Community. If approved, it will reduce

the number of reports we have to submit and allow our church to vote on issues concerning Unity churches. The application was mailed on April 30 and needs to "clear" several committees before going to the Board of UWM for approval.

Our Northern friends have all gone home for the summer and we miss them already. **We'll be waiting for** Kenneth David Hoeght, Bette Wood, William Robinson, Lesley Blake and Catherine McNeal to return in the Fall.

U-C Angels Women's Group Plans.

Visit with Shut-In Church Members on Saturday **6/20/15**. We'll meet at the church at noon and arrange vases of flowers to take on our visits. After visiting, we'll meet at Country Boy Restaurant on 580 for late lunch at 3:00 p.m. (Bring fresh flowers to the noon meeting). On Saturday **7/11/15**, we'll meet at the church at noon for a potluck luncheon. We'll be playing Bunco, a fun dice game, while we enjoy delicious food. Please notify Diane Ramsey ((727-789-2999) if you have questions or plan to attend.

Pat Frantz, volunteered to head the new Hospitality Committee. The committee will plan and present luncheons and special social events. Thank you, Pat, and those who attended the first meeting and will serve in this most appreciated way. (Pat's phone number is 727-953-349)

Jewelry Sale – When? After we receive enough jewelry to make the sale as much fun as previous ones, everything will be marked and the sale will commence. Bring your donations now and leave in the office or give to Elsie.

Norm Sprague read that Monarch butterflies will only lay their eggs on milkweed. Norm says, "Monarchs are beautiful butterflies, but their numbers are declining as more and more glyphosate (Round-Up) is used by counties and states to kill weeds along the highways." Norm has a favorite chair where he sits everyday and looks out at a garden he loves. He watches birds, squirrels, and a big lizard that lives in a potted plant on a stand. There is water in the bottom of the pot and the plant attracts more bugs than the lizard can eat. What a life it has! Norm wants to add Monarch butterflies to his menagerie. Let him know if you have info on where to buy milkweed.

BONNIE WHITEHURST, Guest musician on July 5 and August 30

Bonnie began playing piano and singing at age two; and her formal classical piano lessons began at age 3. Growing up, Bonnie was surrounded by a family members who all played instruments and sang. At age 10, Bonnie was employed as an organist and conductor in her local Methodist church, in Fenton, MI. She moved to Florida in 1979 and was employed as an arts administrator and conductor of children's performing arts company, and as a solo artist. Her work as a liturgical musician includes performing at a synagogue, Catholic Church, Unitarian Universalist and other denominations. She has a master's degree in music theory. Bonnie plays many instruments, including the harp, and is a recording artist.

Going on Vacation?

"One of the reasons it has seemed so difficult for a person to change his habits, his personality, or his way of life, has been that heretofore nearly all efforts at change have been directed to the circumference of the self, so to speak, rather than to the center." -
.....Maxwell Maltz (doctor, professor, author)

Perhaps you are planning a vacation this summer, hoping to leave much of your "busyness" behind for a few weeks. However, the one thing you can never leave behind is your consciousness. In other words – wherever you go, there you are – your consciousness goes with you. Your consciousness is the container for the sum of your beliefs, both conscious AND unconscious. In other words, your consciousness is essentially bottomless and holds the imprint of every belief you have ever had (from the day you were born until this moment) that you accepted to be the truth about yourself and life in general.

It's ironic the term "consciousness" is such a buzz word in the self-help movement and yet few of us ever take time to truly explore the depths of our consciousness and examine what lies therein, let alone how it got there. Why? Because we are too busy, as Maxwell Maltz infers, trying to fix, heal, change, control or

manipulate outer conditions (effects) rather than dealing with the cause that lies at the center of our life – our consciousness. This is why fad diets and overnight *success and prosperity* programs don't generally work. While they may get some surface results they never last because they are not working at the level of cause – where both our conscious and unconscious beliefs are warehoused – where permanent change happens.

Instant gratification plays no role in lasting change. We build a new consciousness one thought at a time; by becoming the conscious observer of our thoughts and feelings and challenging the ones that don't serve our highest good; and replacing them with ones that do. "As within, so without" is a good mantra to know and practice. We are always becoming cause to our own effect because our consciousness is how we access, personalize, and utilize the universal law of cause and effect. It is the mark of a wise person who remembers that our consciousness never takes a vacation.

The good news is we can manifest most of our desired changes on the outside if we are willing to first build a spiritual and mental prototype for it on the inside. Once this shift in consciousness begins, the new belief system has to be maintained like a living, breathing, organism – we can't just build it and walk away from it. A budding consciousness is like a growing child or pet; it requires our constant attention to sustain it. We all know that this is true.

Remember, we keep our consciousness healthy by maintaining it 365 days a year. In your away time, stay spiritually engaged. Maintain a conscious connection to Source, which is easy to do because Source is Omnipresent. It is already wherever you are headed. Consider taking a book that feeds your soul and going to movies that inspire you. Practice mindfulness in all you do – be it driving your car, relaxing on the beach, ordering a meal or sitting on a crowded airplane – be present with the experience and witness how your consciousness plays out on your vacation. In other words, just remember that wherever you decide to go on vacation, your consciousness really is already packed and ready to go. Be sure to show it a wonderful time – and wear sunscreen!

Elsie Huebner, Spiritual Leader

FINANCIAL REPORT - March 2015

Non-Operating Income	\$ 100.00
Operating Expense	4,174.66
Non-Operating Expense	277.00
Operating Expenses	4,747.69
Difference	- \$ 750.03

.....Helen Quinn, Treasurer

MEETINGS

Mondays, 10:00 - 12:00 noon

Spiritual Support. If you would like prayer support or to meet with Elsie, our spiritual leader, feel free to stop by. Please call the church, 734-0635, if you would like to make an appointment at another time.

Tuesdays, 7:00-8:30 PM

Donoghue-Dunedin Toastmasters meeting

Fridays, 10:00-11:30 a.m. Course in Miracles.

Saturdays, 4:00-6:00 PM Debtors

Anonymous

U-C Angels, usually 2nd Saturday of month

Prayer Chaplains meeting, normally last Sunday of month, 11:45 am

Board of Director's meeting, 3rd Sunday, 11:45 a.m.

Healers meeting, (when scheduled)

Hospitality meeting, (when scheduled)

Coming September 13 – Rev. Lauri Gist, guest speaker, presenting “How I Found Health” by Myrtle Fillmore. We'll have a luncheon, then an afternoon workshop with Rev. Lauri teaching Myrtle Fillmore's healing methods. Mark your calendars now.

Happy Special Days

(Note: for addresses, pick up a newsletter at church. We don't include personal addresses online.)

Birthdays

July 7 – Steve Spathelf

July 12 – Catherine Montez

July 22 – Cathy Daumen

July 23 – Lynotte Cruickshank

July 28 – Joel Bancroft

Aug 4 – Martha Reavely

Aug 16 – Terry Gardner

Aug 18 – Mary Lou Thomas

Aug 19 – Joycee Patterson

Aug 24 – Betty Perram

Aug 24 – Skip Quinn

Aug 26- Elsie Huebner

Aug 31 – Huguette Valois

Anniversaries

June 4 – Nancy and Bill Baird

July 24 – Joel and Peggi Brannen

Aug 7 – Helen and Skip Quinn

Jane Killian, our long-time cherished member, who lives in Sun City Center, keeps track of our special days and sends all the greeting cards from the church, as a gift to our church. Thank you, Jane, for keeping this loving ministry going for so many years. If we missed anyone's special day, let Jane or Elsie know.